

## NEW YORK STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## SHARON HERNSTADT

Has Established The

-75 MASTER 3A EQUIPPED RECORD (2022-2024)
52.5 KG BENCH PRESS SINGLE LIFT

IPF MASTER BENCHPRESS WORLDS 04/16/2015



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport