



## NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SARAH INGALLS**

Has Established The

**-57 TEEN 1 RAW RECORD (2015-2021)  
52.5 KG SQUAT**

**2013 NC STATE CHAMPIONSHIPS (DENVER, NC)  
06/08/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport