



NORTH CAROLINA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

KARA SHEERIN

Has Established The

**-72 OPEN RAW RECORD (2015-2021)
80 KG BENCH PRESS SINGLE LIFT**

**2015 BATTLE ON THE BORDER (DENVER, NC)
03/21/2015**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport