



# PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**NIXLOT DAMEUS**

Has Established The

**-100 TEEN 2 EQUIPPED RECORD  
165 KG BENCH PRESS SINGLE LIFT**

**HIGH SCHOOL NATIONALS  
04/01/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport