



RHODE ISLAND STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

JOHN A'VANT

Has Established The

**-75 MASTER 1 RAW RECORD
132.5 KG BENCH PRESS SINGLE LIFT**

**MASSACHUSETTS/ RHODE ISLAND STATE CHAMPIONSHIPS
08/07/2021**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport