

## RHODE ISLAND STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## JOHN A'VANT

Has Established The

## -75 MASTER 3 RAW RECORD 132.5 KG BENCH PRESS SINGLE LIFT

MASSACHUSETTS/ RHODE ISLAND STATE CHAMPIONSHIPS 08/07/2021



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport