



# NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

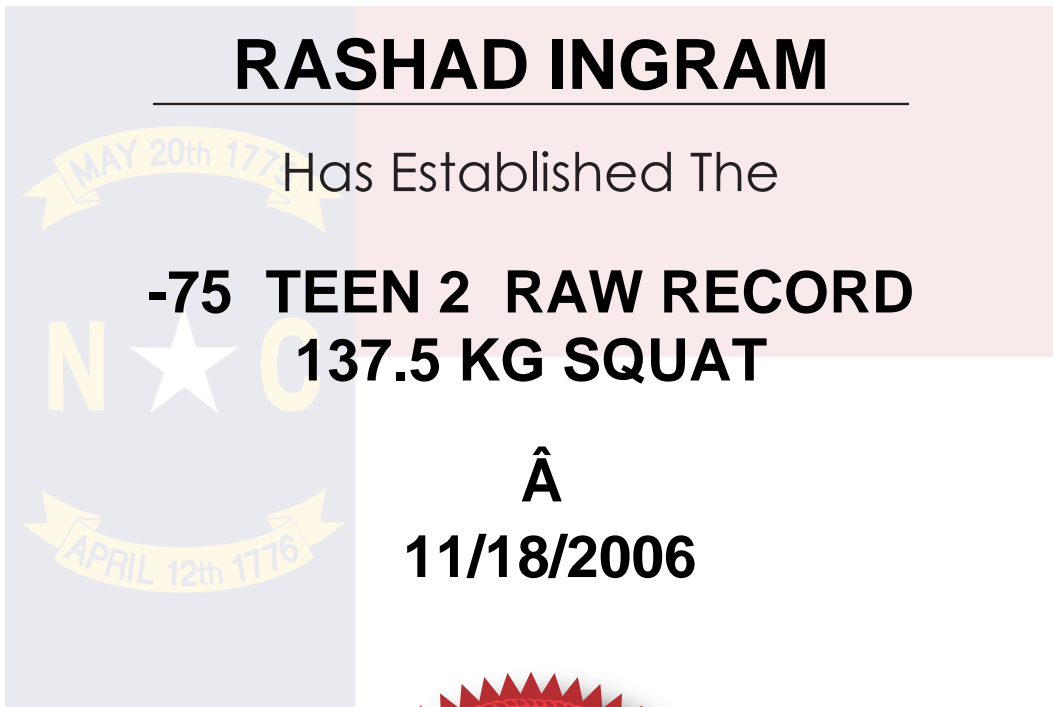
**RASHAD INGRAM**

**MAY 20th 1776** Has Established The

**-75 TEEN 2 RAW RECORD  
137.5 KG SQUAT**

**Â**

**11/18/2006**



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