



# PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JAMES SWIFT**

Has Established The

**-75 TEEN 2 RAW RECORD  
132.5 KG BENCH PRESS**

**PENGUIN CLASSIC  
10/16/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport