



NORTH CAROLINA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

PJ COUVILLION

Has Established The

-105 MASTER 3A EQUIPPED RECORD (2015-2021)

160 KG SQUAT

SHELBY CITY, NC "NORTH CAROLINA STATE CHAMPIONSHIPS"

10/09/2010



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport