



## NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JEFF HALE**

Has Established The

**-100 MASTER 3A RAW RECORD  
175 KG SQUAT**

**2014 SC STATE CHAMPIONSHIPS  
12/16/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport