



# NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ASHLEY WINGO**

Has Established The

**-75 YOUTH EQUIPPED RECORD  
40 KG BENCH PRESS SINGLE LIFT**

**Â**

**10/10/2009**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport