



## NORTH CAROLINA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JEREMY SEFF**

Has Established The

**-67.5 JUNIOR RAW RECORD  
145 KG BENCH PRESS SINGLE LIFT**

**CARY, NC (2013 FALL FESTIVAL OF POWER)  
11/02/2013**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport