



# RHODE ISLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**R. DUCHARME**

Has Established The

**-74 OPEN RECORD  
226.8 KG SQUAT**

**Â**

**01/01/1996**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport