



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TIM LAMANDO**

Has Established The

**-83 RECORD SUB-MASTER RETIRED  
217.5 KG SQUAT**

**2014 TEXAS A&M AGGIE SHOWDOWN, COLLEGE STATION, TX  
02/23/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport