



## NEW YORK STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MATTHEW NELSON**

Has Established The

**140+ MASTER 1A RAW RECORD  
170 KG BENCH PRESS SINGLE LIFT**

**NORTHEAST IRON BEAST WINTER CLASSIC IX  
01/22/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport