



# NEW YORK STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**BRIDGET GARDY**

Has Established The

**100+ MASTER 1A RAW RECORD  
110 KG BENCH PRESS SINGLE LIFT**

**NEW YORK LADIES OF IRON**

**04/30/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport