



WASHINGTON STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

THOMAS "TIM" YOST

Has Established The

**120+ MASTER 4A EQUIPPED RECORD (2015-2021)
111.13 KG BENCH PRESS SINGLE LIFT**

**2006 PACIFIC OPEN POWERLIFTING CHAMPIONSHIPS
10/21/2006**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport