



NORTH CAROLINA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

SHONDRA CHIRINO

Has Established The

**-75 MASTER 1A RAW RECORD (2022-2024)
100 KG BENCH PRESS SINGLE LIFT**

**NORTH CAROLINA STATE CHAMPIONSHIPS
06/18/2022**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport