



# CALIFORNIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JAMES WELSH**



Has Established The

**-67.5 TEEN 2**

**Equipped Record**

**187.5 KG DEADLIFT SINGLE LIFT**

**Â**

**01/11/1997**

CALIFORNIA REPUBLIC



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport