



# ILLINOIS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LANCE GROAT**

Has Established The

**-125 MASTER 1B**

**Raw Record**

**155 KG BENCH PRESS**

**WINDY CITY OPEN**

**10/22/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport