



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MING YIK TAM**

Has Established The

**-67.5 TEEN 3 HONG KONG RAW RECORD  
85 KG BENCH PRESS**

**DENCH WINTER SHOWDOWN  
12/10/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport