



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KAREN MAN LAI CHENG**

Has Established The

**-48 OPEN HONG KONG RAW RECORD  
110 KG DEADLIFT**

**DENCH WINTER SHOWDOWN  
12/10/2022**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport