



# DELAWARE STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**MICHAEL TOMS SR**

Has Established The

**-110 MASTER 1B RAW RECORD  
197.5 KG DEADLIFT**

**DELAWARE STATE CHAMPIONSHIPS  
02/25/2023**

DECEMBER 7, 1787



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport