



# NEW JERSEY STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HELEN WHITE**

Has Established The

**-60 MASTER 3B RAW RECORD  
167.5 KG TOTAL PUSH-PULL**

**GARDEN STATE WINTER WAR  
02/19/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport