



TEXAS STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

JADE DICKENS

Has Established The

**-100 MASTER 1A EQUIPPED RECORD
157.5 KG BENCH PRESS SINGLE LIFT**

**MILITARY/POLICE/FIRE FIGHTERS NATIONAL CHAMPIONSHIPS
03/11/2023**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport