



NATIONAL RECORD CERTIFICATE

THIS CERTIFIES THAT

KAI YIN CHAK

Has Established The

**-100 TEEN 2 HONG KONG RAW RECORD
387.5 KG TOTAL PUSH-PULL**

**HONG KONG JUDGEMENT DAY 2023
03/18/2023**



www.usapowerlifting.com

America's Choice Drug Free Strength Sport