



# NEBRASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KRISTEN THERNES**

Has Established The

**-56 TEEN 3 EQUIPPED RECORD  
67.5 KG BENCH PRESS**

**Â**

**03/06/2005**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport