



# NEBRASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SHAYLA RUDY**

Has Established The

**90+ TEEN 3 EQUIPPED RECORD  
50 KG BENCH PRESS**

**Â**

**01/23/2010**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport