



# OREGON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SHEILA NIELSEN**

Has Established The

**-52 MASTER 1B**

**Raw Record**

**47.5 KG BENCH PRESS SINGLE LIFT**

**OREGON OPEN**

**10/07/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport