



# NEBRASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**IRA LAMPERT**

Has Established The

**-75 YOUTH 3 RAW RECORD  
67.5 KG BENCH PRESS SINGLE LIFT**

**NE CAPITAL CITY CLASH  
01/24/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport