



# NEW YORK STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ADAM ZEHR**

Has Established The

**-56 OPEN RAW RECORD  
147.42 KG BENCH PRESS SINGLE LIFT**

**Â**

**01/01/2011**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport