



# PENNSYLVANIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**NELSON**

Has Established The

**-93 TEEN 1 EQUIPPED RECORD (2015-2021)  
187.34 KG DEADLIFT SINGLE LIFT**

**Â  
12/31/1969**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport