



# WISCONSIN STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JEFF MONAHOS**

Has Established The

**-90 MASTER 2A RAW RECORD  
145.01 KG BENCH PRESS**

**Â  
01/01/2010**

**1848**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport