

## FLORIDA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## JOHN LAFLAMME

Has Established The

-83 MASTER 3 EQUIPPED RECORD (2015-2021) 167.5 KG SQUAT

IPF CLASSIC WORLD CHAMPIONSHIPS, SALO, FINLAND 06/06/2015



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport