



## FLORIDA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN LAFLAMME**

Has Established The

**-83 MASTER 3 EQUIPPED RECORD (2015-2021)  
97.5 KG BENCH PRESS**

**IPF CLASSIC WORLD CHAMPIONSHIPS, SALO, FINLAND  
06/06/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport