



## **NATIONAL RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**RICHARD WILCOX**

Has Established The

**-110 MASTER 1A RAW NATIONAL CHAMPIONSHIP (2013)  
215 KG BENCH PRESS**

**"RAW NATIONALS" SCRANTON, PA  
08/20/2011**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport