



# ILLINOIS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TIMOTHY CRAWFORD**

Has Established The

**-140 MASTER 1A RAW RECORD  
200 KG BENCH PRESS SINGLE LIFT**

**ARNOLD - MASTERS OF IRON BENCH  
03/01/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport