



# ARIZONA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**GARY PAMPLIN**

Has Established The

**-110 MASTER 1B EQUIPPED RECORD  
192.5 KG BENCH PRESS SINGLE LIFT**

**ARNOLD - MASTERS OF IRON BENCH  
03/01/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport