



## IDAHO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HEIDI BARKER**

Has Established The

**-75 MASTER 3A RAW RECORD (2022-2024)  
355 KG TOTAL**

**IDAHO LADIES OF IRON  
05/04/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport