



## IDAHO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LOIS NADOLNY**

Has Established The

**-60 MASTER 1B RAW RECORD  
105 KG TOTAL PUSH-PULL**

**IDAHO LADIES OF IRON  
05/04/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport