

## NATIONAL RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **AL WOOD**

Has Established The

-110 MASTER 3A RAW NATIONAL CHAMPIONSHIP (2013)
187.5 KG DEADLIFT

"RAW NATIONALS 2012" KILLEEN, TX 08/05/2012



www.usapowerlifting.com

America's Choice Drug Free Strength Sport