



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JOHN LAFLAMME**

Has Established The

**-83 MASTER 3B RAW  
225 KG DEADLIFT**

**2015 IPF CLASSIC (RAW) WORLDS  
06/05/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport