

## HAWAII STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **RACHEL PRADOS**

Has Established The

-67.5 MASTER 1A RAW RECORD (2022-2024) 277.5 KG TOTAL PUSH-PULL

HONOLULU NIGHT LIFT 10/05/2024



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport