



## ILLINOIS STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SARA SPREEMAN**

Has Established The

**100+ JUNIOR EQUIPPED RECORD  
75 KG BENCH PRESS SINGLE LIFT**

**WILLIAM JEWELL INVITE**

**11/09/2024**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport