



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LOIS HUMMER**

Has Established The

**-75 MASTER 3B RAW RECORD  
47.6 KG SQUAT**

**12/31/1969**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport