



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HELEN LAW**

Has Established The

**-75 MASTER 1 HONG KONG RAW RECORD  
147.5 KG DEADLIFT**

**HONG KONG JUDGEMENT DAY 2023  
03/18/2023**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport