

## NEW YORK STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **JOANNE PARRELLA**

Has Established The

-72 MASTER 3A RAW RECORD (2015-2021) 72.5 KG SQUAT

LONG ISLAND CROSSFIT LIMITLESS 08/15/2015



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport