



# **NATIONAL RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**LAURA STYRLUND**

Has Established The

**-82.5 MASTER 2A MIDWEST REGIONAL EQUIPPED RECORD  
175 KG SQUAT**

**2014 WOMENS NATIONALS  
05/16/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport