



NATIONAL RECORD CERTIFICATE

THIS CERTIFIES THAT

JILL ARNOW

Has Established The

**-90 MASTER 3A NORTHEAST REGIONAL EQUIPPED RECORD
122.5 KG BENCH PRESS SINGLE LIFT**

**ARNOLD - MASTERS OF IRON PRO BENCH
03/04/2022**



www.usapowerlifting.com

America's Choice Drug Free Strength Sport