



# **NATIONAL RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**JILL ARNOW**

Has Established The

**-90 MASTER 1B NORTHEAST REGIONAL EQUIPPED RECORD  
447.5 KG TOTAL**

**WORLD MASTERS CHAMPIONSHIPS  
10/01/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport